



GET MORE

From your health benefits.

Understanding the benefits your employer is providing can help you save time and money when seeking care.

Good news – your employer has chosen Cigna to be your health plan partner. With Cigna you have access to a wealth of resources to ensure you get the right care at the right time and for the lowest cost under your plan.

To help you get the most out of your health plan, you'll first need to understand how to access all of the great resources available to you. That's where the Cigna Virtual Benefits Education Website comes in.

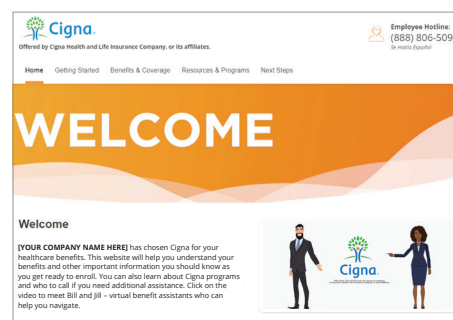
The Virtual Benefits Education Website includes:

- ▶ Videos on getting the most from your plan, understanding your pharmacy benefits, and determining which virtual and digital care options you can access. This section also includes a handy dictionary to help you understand some of the most common health care terms.
- ▶ Details on the benefits and coverage including what it will cost you to receive care.
- ▶ Information on resources and programs Cigna offers, including how to access our One Guide® concierge service.

Reach out to your Human Resources department for more information



- ▶ Informative videos
- ▶ Virtual assistants guide you through the website.
- ▶ Support anytime by calling Cigna's toll-free line



Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, contact a Cigna representative.

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